

The Little School with the Big Heart

‘With God All Things are Possible’ Matthew 19:26

Below are the core vocabulary lists for PE:

They give examples of the subject specific vocabulary that children will use and become familiar with during each key stage, reflecting their increasing knowledge, breadth and depth of experiences and can be used across a range of topic areas. They are not intended to be used to test pupils but give an indication of the language and terms used by staff in lessons and across units of learning to broaden vocabulary and understanding.

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| EYFS | Years 1 & 2 | Years 3 & 4  | Years 5 & 6  |
| Space, looking up, stretch/ muscle, partner, pairs ,run, walk, balance, throw, catch, hit, ball, cone, net, bean bag, jump, hop, carry, follow, lead, copy, sports, games, rules, move, forwards, backwards, equipment, speed, directions, bounce, push, pull, roll  | **Games**Throw, roll, underarm, hit, move, move, safely, kick, tactics, decide, rules**Gymnastics**Curl, tense, stretch, relax, control, travel, balance, copy, sequence, improve, plan, and perform, feedback, hold and independent**Dance**Move, copy perform, create, rhythm, control co-ordination, linking mood or feeling | **Games**Throw, catch, control, awareness of space, support, opposition, strike and field, accuracy, rules, possession, adapt tactic**Gymnastics**Adapt sequences, apparatus, criteria, strength, suppleness, performance, compare and contrast, sequences, stamina, improve.**Dance** Changing speed and direction, share and create phrases, plan, repeat, remember and perform phrases, communicate**Athletics**Change speed and direction, underarm, overarm, throwing, technique, distance sprint, accuracy, personal best**Outdoor and Adventurous**Follow, route, appropriate equipment, safely, familiar context, manage risks/problems**Swimming**Swim, unaided, basic stroke, movements, co-ordinate, breathing, surface | **Games**Possession, forehand, backhand, field, tactics, defending, attacking, techniques, pass, dribble and shoot. Striking, implement, rules, umpire and strategy.**Gymnastics**Complex, extended sequences, combine, perform, consistency audience, link, vault, spring**Dance**Compose, creative perform, accompaniment, demonstrate, clarity, fluency, accuracy and consistency. Style, interpret, precise and posture**Athletics**Control, accuracy, techniques, combine, distance, compete, improve personal best, stamina**Outdoor and Adventures**Location, compass, navigate , overcome problems, plan, route, safety, danger, leadership |