

# St. Thomas' C.E. Primary School

## Newsletter

12.05.23



# Stars of the Week



**Stars of the week will be handed out on Monday**

### Events for the Week

#### Beginning

15.5.23

#### Monday

Ukulele lessons

#### Tuesday

Keyboard, strings and woodwind lessons

Emerald class trip to the Jewish Museum

After school multi skills for Y1, 2 and 3 (4.00pm finish)

#### Wednesday

Guitar lessons

Swimming for Emerald class

Athletics Club for Y4 & 5 (4.15pm finish)

#### Thursday

Sapphire Class trip to the Neeli Mosque

Audition 1 for 'Our School's Got Talent'

#### Friday

Brass lessons

Whole class Brass for Emerald Class

Audition 2 for 'Our School's Got Talent'

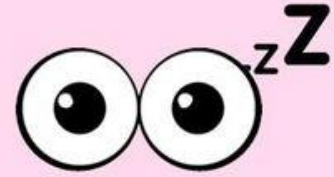
### From the office...

- Please ensure that school dinners are ordered by midnight on Sunday for the following week.
- There is a new lunch menu
- Check Wisepay for upcoming **school trips** – Amethyst, Emerald and Sapphire classes. T
- **There are outstanding consent forms for Emerald and Sapphire class trips**

# Wellbeing



**STAY POSITIVE**  
set aside time to watch  
funny stuff together.  
Laughter helps reduce  
anxiety



**SLEEP**  
try to stick to a routine.  
It's essential for good  
health & the  
immune system



**GET CREATIVE**  
being creative &  
doing craft can be  
relaxing & calming  
on the brain



**REDUCE  
STIMULATION**  
it gives the brain  
a break if feeling  
overwhelmed



**SUNLIGHT**  
helps our body make  
Vitamin D which can make  
kids feel happy & healthy



**EXERCISE**  
burns off energy, is  
good for our body &  
brain, & is fun



**PETS**  
playing with pets can  
reduce anxiety &  
improve mood



**NATURE**  
getting outside improves  
mood, encourages creativity,  
& gets kids moving



**MUSIC**  
80bpm can be calming,  
help the body to relax,  
& improve sleep



### **Snapchat and other social media**

Snapchat and other social media apps have an age restriction of 13+. Primary school aged children do not have the emotional and social skills to be able to use these apps properly. They end up messaging things that they would never say, leading to ridicule and bullying along with obscene language and threats.

If you do allow your child to have these apps, then please monitor them carefully.

## Weekly class round up!

### Ruby

Ruby class are coping really well with their new teacher. This week the children learned about time in maths, reading o'clock and half past. The Year 2 children also went on to quarter past and quarter to. They have found this quite tricky and the children would benefit from help at home with this. They have continued their work using the book 'Rapunzel'. This week they focused on understanding the characters and writing from the point of view of Rapunzel. In geography the children are learning about Australia.

### Opal

In science the children in Opal Class have been introduced to different types of forces. Their English work is still based on 'Stig of the Dump' and they have been busy writing letters to Stig, with a focus on the features of a letter. The children have continued their work on fractions. History was all about the Celts this week. In P.E. they are developing their cricket skills with Mr Edwards. Finally, in R.E. they have continued their work on places of worship, with a focus on different types of Christian churches.

### Emerald Class

The children have continued their work on decimals and have started to work on division, being introduced to the 'bus stop' method. They have been planning an investigation into states of matter in science and have been writing in role in their English lessons. In reading this week, they have been predicting how a character might behave, whilst working on clauses in grammar. Emerald class are also studying places of worship on R.E., but their focus was on how people make a church. In history they are studying the Vikings and focused this week on where they came from and where they travelled to. In their P.E. lesson with Mr Edwards, they are developing their skills needed to play cricket and of course they are continuing with their swimming lessons. Finally in French they have been working on their translation skills.

### Sapphire Class

The year 6 children have had a hard week, sitting their national tests. They have coped well with very challenging test papers. We are very proud of all of them for how they approached this week. The year 5 children have spent time in other classrooms whilst the year 6 completed their tests. The year 5 children have really enjoyed spending time in other classes. The afternoons have been filled with last minute revision and having some 'downtime' between tests.

## Book Recommendations

Each week we are going to be recommending 2 high quality children's books to help you when trying to choose books for your child.

### **Upper Key Stage 2**

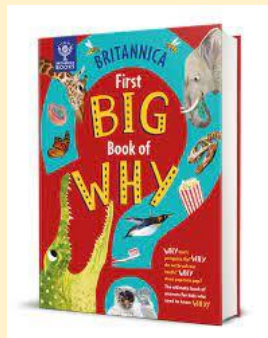
#### **'Malamander by Thomas Taylor**



This is a fantasy novel and recommended for children in year 5 upwards

### **Years 2, 3 and 4**

#### **'Britannica First Big Book of Why' by Sally Symes and Stephanie Warren Drimmer**



The perfect book for the inquisitive child. It is full of big, bold graphics and accessible larger print.

## **Travelling Books**

We are pleased to announce that we start our Travelling Books project today. Two children from Amethyst, Ruby and Opal classes will be given a 'Trunk' suitcase to take home over the weekend.

In the suitcase is a book to share, a journal, a blanket, a soft toy, a sachet of hot chocolate and a small packet of biscuits. The idea is that parents share the book with their child in a comfortable setting and enjoy a shared experience of reading together. The children then record in the journal their experience of the book.

There are further ideas of how to share the book and fill in the journal in the suitcase.

We hope that this provides a positive experience for our families and goes a little way to develop a love of reading amongst our children.

